

March 2020

CHARLES L WALKER SENIOR CENTER
4008 8TH STREET, GULFPORT * 228-575-4535

Monday	Tuesday	Wednesday	Thursday	Friday
2 10:00 Tai-Chi 10:30 Quilting 11:30 Lunch-Red Beans/Rice 12:30 Medicare Made Easy	3 9:30 Chair Exercise 10:00 Bulgarian Independent Day Celebration W/Nanka 11:30 Lunch-Fried Chicken 12:30 Bingo/Life Solutions	4 9:30 Chair Exercise 10:00 Sewing 101 11:30 Lunch-Spaghetti 12:30 Sewing 101	5 9:30 Chair Exercise 10:00 Beginners Knitting 11:30 Lunch-Turkey Breast 12:30 Craft	6 Free Time 8:00am to 12:00pm
9 9:30 Breakfast/Comfort Living 10:00 Tai-Chi 10:30 Quilting 11:30 Lunch-Meatloaf 12:30 Meet & Greet/Glen M.	10 9:30 Chair Exercise 10:00 Craft/Kare in Home 11:30 Lunch-Ham 12:30 Bean Bag Baseball	11 9:30 Chair Exercise 10:00 Pottery/Karen 11:30 Lunch-Chicken Gumbo 12:30 Line Dance/Marsha	12 9:30 Chair Exercise 10:00 Music Therapy/Janice 11:30 Lunch-Lasagna 12:30 Bingo	13 Free Time 8:00am to 12:00pm
16 10:00 Tai-Chi 10:30 Quilting 11:30 Lunch-Red Beans/Rice 12:30 Bingo/Sr Insurance Advisor	17 9:30 Chair Exercise 10:00 Beginners Knitting 11:30 Lunch-Chicken/Gravy 12:00 GP Behavior Health 12:30 St. Patrick's Day Party	18 9:30 Chair Exercise 10:00 Sewing 101 11:30 Lunch-Pork Patty/Gravy 12:30 Games/Puzzle Horseshoes	19 9:30 Trip Gulfport Galleria of Fine Art	20 Free Time 8:00am to 12:00pm
23 10:00 Tai-Chi 10:30 Quilting 11:30 Lunch-Chicken/Gravy 12:30 Quilting with Charlotte	24 9:30 Chair Exercise 10:00 Special Guest Singer 11:30 Lunch-Creole Steak 12:30 Bean Bag Baseball	25 9:30 Chair Exercise 10:00 Sewing 101 11:30 Lunch-Pork Roast/Gravy 12:3 Line Dance/Marsha	26 9:30 Chair Exercise 10:00 Music Therapy/Janice 11:30 Lunch-Jambalaya 12:30 Craft	27 Free Time 8:00am to 12:00pm
30 10:00 Tai-Chi 10:30 Quilting 11:30 Lunch-Red Beans/Rice 12:30 Speaker/Connie Rockco	31 9:30 Chair Exercise 11:30 Lunch-Fried Chicken 12:30 Magnolia Swingers Square Dance	Magdalena (Mag) Holland, Sr. Citizens Program Coordinator Judy Lowe, Center Coordinator Cindy Fitzhugh, Rec-Aide	HOURS OF OPERATION MON-WED 8:00-2:30 THURSDAY 8:00-4:00 FRIDAY 8:00-12:00	